



Anna-Michele Hantler

Emotional Education Through The Arts

Anna-Michele Hantler  
Freelance Training & Consultancy Contracts  
1993-2008

<b>Evaluation of TaMHS Massage in Schools Programme with Draw and Write 2009</b> IAIM Infant and Parent Massage classes	6 months consultancy 5 weekly sessions
<b>Healthy Schools Programme</b> Presentations and workshops 2007-2009 <b>Looking after staff morale, Healthy schools programme, Stockton on Tees</b>	half day sessions half day session
<b>Massage in Schools Programme</b> Instructors course 2007-2009 UK wide Parents sessions	2 day course Half day course
<b>FINE- Facilitating Inclusion in the North East.</b> Anti Bullying , Neuroscience of Children's Emotional Development 2005-2008	
<b>Rotherham Inclusion and Education Action Zone :</b> Draw and Write Research- Giving Children a voice	
<b>Centre for Child Mental Health, Islington, London, UK.</b> 2000-2008 Courses repeated annually Enabling Children to Speak about feelings through the use of Children's Picture books Enabling Children to Speak about bullying and Effective approaches for schools Enabling Children to Speak about their Angry Feelings instead of discharging them. Enabling Children to Speak about Feelings through Small Groups. Enabling Children to Speak about Feelings through Sand play	1 day course 1 day course 1 day course 1 day course 1 day course
<b>Kindergarten Wairarapa Inc, New Zealand.</b> September 2004 Developing Emotional Literacy in the Early Years through Arts and Play,	1 day course
<b>Institute of Arts in Therapy and Education,</b> Islington, London N1 1998-2004 Circle Time for Adults 2004 Tutor on Child Therapy Course- 'Group Work with Children 2003 Tutor Emotional Literacy for Children 2003-2004. Director Emotional Literacy for Children 2001-2002 Director Education of the Emotions-1998 &1999 Circle Work Trainer for Islington Schools Project 1999	Half day course 1 day course 10 day course over a year 10 day course over a year 10 week evening course 1 day course
<b>Dudley Counseling Service for children and Young People, Midlands, UK</b> 'Creativity in Counseling' techniques for use with Children and Adults, 2004, 2008	2 day course
<b>Westminster Social Services Training Department,</b> London 1993-2002 Multi-disciplinary co-training on various courses repeated throughout calendar year Recognition of Children and Youth in Need of Child Protection Child Sexual Abuse Issues Emotional Abuse and Neglect of Children Nursery Managers 'Communicating with Children' Direct Work with Children Working with Diversity Westminster Foster Carers training	3 day course 2- 3 day course 1 day course weekly session over 6 weeks 3 day course 2 day course 2 half days
<b>Jenny Mosley Consultancies,</b> UK, Italy, Germany and Australia, NZ. 1996-2009 A Whole School Approach to listening Systems in Schools-positive behaviour and enhancing self-esteem through Quality Circle Time. Associate trainer providing keynote presentations, closure days and demonstration sessions Cross phase.(Approx 300) Audience from 20- 300 Schools in 'Special Measures'- specialist support, inset & small circles.	6 day course 1 day sessions

Specialist Small Circle's for 'pupils beyond' with Challenging behaviour. Peer Mediation training and course development & School Councils Emotional Wellbeing and work life balance for staff	8 day course
<b>Beechen Cliffe Boys Secondary School</b> , Bath, UK. 2002 Circle time and counseling for Pupils to work on improving behaviour and relationship skills. Staff training. Resource development.	26 sessions over one school term
<b>Mid North Coast Arts in Health Collective</b> , NSW Australia .2001 Emotional Literacy in Schools-a way in.	1 day course
<b>Coffs Harbour Community Centre, NSW</b> , Australia. 2001 Workshop using Draw and Write in Anger Management for children and youth	
<b>Westminster Education, Social Services ACPC</b> . London, UK 1998-2000 Interagency project to create an Emotional Curriculum/Personal Safety Programme For LEA Primary Schools and Family Centers. Trainer/Facilitator/Project Co- manager. Draw and write illuminative research analysis, writing classroom materials and policy document. Manage and coordinate multi disciplinary working parties	
<b>Millbank Primary School, London</b> , SW1. 1998 Managing Anger in the Playground. A 2-month project with top junior's to look at Improving Playground Behaviour and review Whole School Policy.	
<b>Bradon Forest Secondary School, Berkshire</b> , UK. 1997 Whole School training on PSHE/Pastoral care Art therapy and circle time for special needs pupils and staff training.	1 day course 8 sessions
<b>St Mary of the Angels Primary School</b> , Westminster, London W2 1997 Consultant in Behavioral Policy and Playground Management,	4 sessions in 2 months
<b>Westminster Police, Youth Justice and Education Welfare Departments.</b> A crime prevention project for top junior's in Westminster Schools. Facilitating Multi arts approach to crime prevention through Draw/write, literature, arts, dance and circle time discussions.	
<b>George Eliot Infant School</b> , Westminster, London NW8 1995 Circle Time to help with transition for infant pupils to the junior school.	
<b>Health Education Authority</b> , Mabledon Place, London 1993-95 Consultant to nationwide 'Best of Health' Project - multi-disciplinary conferences Anti-bullying, Personal Safety and Children's Mental Health workshops.	12 day course
<b>Bromley Education Services</b> , UK. 1995 Consultant 'Children's Literature' to promote Self Esteem and Personal Safety Anti-Bullying Policy and procedure inset day for schools	1 day course
<b>Dudley Education Schools Counseling Services</b> , Midlands, UK. 1995 Modular Training on Child therapy techniques for school counselors.	15 days in a year
<b>Westminster Training Department</b> 1995 Playground management and Anti-bullying training for lunchtime supervisor's	2 x 6 weeks
<b>Westminster Education Welfare Services</b> 1993-94 Anti-bullying projects in 6 primary schools developing a whole school approach to Policy and procedure, classroom practice utilising dance, literature, circle time, video	

**‘Pippa’s Pop In’ Private Nursery/Children’s Hotel** 1993  
Personal Safety and Child Protection Trainer private school.

### **Guest Speaker and Visiting Lecturer**

**Kidscreen Conference, European Children’s Film Association, Italy, 1999-2003**  
Presentation: Circle time to prevent and manage bullying in schools Oct.1999  
Presentation: Children’s perceptions of anger/and on the screen.’ Oct 2001  
Presentation: Promoting self esteem through cooking and eating together.2002

**Child Mental Health Centre, London, UK. 2001-2002**  
Children Out of Control Conference, Presentation: Bullying, what to do & say.

**Greenwich Educational Services, London. 2002**  
‘Meeting the needs of children under stress’. Presentation ‘Emotionally Literate School’.

**Queen Charlotte Hospital, Hammersmith, London. 1994-2002**  
Regular Child protection lectures for primarily GP’s and independent school personnel

**Mind. Staffordshire. Emotional Intelligence. In Children 2000**

**British Association of Play Therapists Conference, 1998**  
‘Building resilience in Children. Using the imagination and Children’s Literature

**Westminster Education Library Services 1996**  
Conference speaker: Children’s Literature to Meet a Special Need;/ Anti-Bullying

**Kensington and Chelsea Health Promotion 1995**  
‘Self Esteem of Young People’. Anti-Bullying through Children’s Literature workshop.

**Montessori Institute, Kensington, London 1995** 4 sessions  
Visiting Lecturer Personal Safety Programmes and Child Protection

**BASPCAN**-British Association for Study and Prevention of Child Abuse and Neglect,  
1993 Annual conference. Paper ‘Using the Creative Arts in Prevention Programmes

### **Private Therapy Practice 1995-2002**

Ongoing individual and group arts/play therapy with adults, children and parents  
Under my own organisation, I have set up groups in London such as:

“**Bully Busters**” Weekend sessions for child victims of bullying

“**Express Yourself**” “

“**Kids have Rights Too**” after school sessions on personal safety.,

**Women’s Groups on Body Image and managing Eating Disorders** 1990-1993

**Group work for adolescent girl CSA survivors, Seameadows, Kent, UK 1993**

6-8 week sessions

6-8 weekly