

Let's Get Together

Small Group Work & Circle Time for
Children & Young People



Anna-Michele Hantler

Emotional Education Through The Arts

What helped me was...

the friendships and me
being able to not back chat
because I need to not chat
back to the group helped

Girl, Year 9

What helped me was...

★ It made me speaking
in the group and
giving my opinion
because it made
other people
understand me better

Boy, Year 6



it was fun and I
could express my feelings
with out saying it



Learn how to provide Behavioural & Emotional Support through meaningful, purposeful and creative group work. Use the power of peer relationships to help children help each other. **Uphold the Targeting Mental Health in Schools, ECM, SEAL, PSHE and Healthy Schools Agenda.**

Take advantage of Anna Michele's 30 years experience in planning, facilitating, supervising & evaluating group work; drawing on her integrative arts psychotherapy, teaching and creative talents. Anna-Michele delivers small group work programmes with children and young people experiencing crisis, change and challenges. Some of these have focused on: -

'Protective Behaviours' & Personal Safety Skills, Anger Management, Surviving Sexual Abuse, Boosting Girls Self Esteem, Enhancing Emotional Literacy, Building Boys Communication Skills & Feeling Strong, Getting Along.

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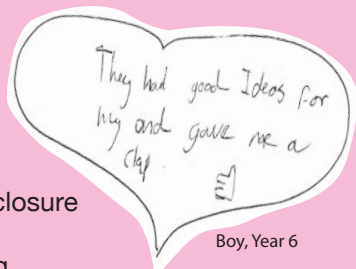


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This course will enable participants in Schools & Children's Service settings to know how to:

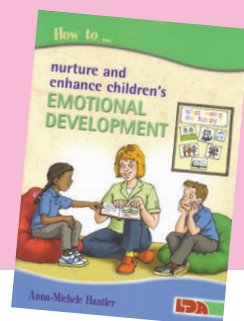
- Plan, Implement & Evaluate for successful outcomes
- Use play & art materials to communicate feelings
- Plan for the stages of group life
- Support individual targets and group aims
- Get started with directive techniques
- Integrate 'Quality Circle Time' rituals for warm up and closure
- Utilise the group dynamics to build relationship skills
- Incorporate safe, respectful touch to aid group bonding
- Create an atmosphere of fun, warmth and praise
- Get them back next week!



Boy, Year 6

This course is ideal for adults with responsibility to ensure the best of emotional and behavioural support for children in their care, or for those therapeutically supporting children whom they feel would benefit from the opportunity to explore and practice relationship skills: School Senior Management, Teachers, T.A's, Learning Mentors TAMH's & Healthy Schools Staff, Counsellors, Early Years Practitioners, Residential Children's Homes, Youth Workers and Extended School Services.

A copy of Anna-Michele's book 'How to Nurture and Enhance Children's Emotional Development' is included in the course fee.



For further information, to book a place or enquire about a course near you, please contact:

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Anna-Michele Hantler holds a wealth of qualifications and accreditations including; - Qualified Teacher, Arts Psychotherapist, Accredited Trainer for Jenny Mosley's Quality Circle Time, Implementing and Researching Massage in Schools Programme, Protective Behaviour, Educational PSHE Consultant and LA Anti-Bullying Officer. **In house training available on request.**