

# Anti-Bullying Bunch

Putting Anti-Bullying Strategies Into Good Practice - The Best of the Bunch



Anna-Michele Hantler

Emotional Education Through The Arts



This course will help to address, deliver and uphold aspects of the **Targeting Mental Health in Schools, Anti-Bullying, ECM, SEAL, PSHE and Healthy Schools Agenda.**

The course is jam-packed with ideas and information on **how to update policy, implement current & imaginative proactive approaches, how to get to grips with the neuroscience behind bullying** while learning **how to plan for a successful Anti-Bullying Week** - all this in one day!

Val McFarlane, North East Regional Advisor at Anti-Bullying Alliance UK, said:

**“Anna-Michele has been a work colleague for the past five years. She is extremely professional, and an entertaining and informative presenter. She is a great communicator at all levels and an asset to the North East Regional Anti-Bullying Alliance.”**

Anna-Michele has worked on Anti-Bullying Projects in and around schools and their communities for over 20 years. Course participants will benefit from Anna-Michele’s wealth of experience in promoting positive Anti-Bullying Practice. Initiatives undertaken by Anna-Michele include:

- Consultancy & Training to Local Authorities and Voluntary Sectors
- Establishing a New Anti-Bullying Service
- Researching Pupils Experiences of Bullying
- Creating Classroom Materials & Establishing School Accreditation Scheme
- Presenting at the esteemed Centre for Child Mental Health, London, and at venues nationwide
- Facilitating Arts Therapy Sessions & Groups



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This course will enable participants in Schools and Children's Service settings to:

- Update Policy and Best Practice
- Discover How to Employ a Range of Proven Techniques to Prevent, Reduce & Manage Bullying
- Learn How to Identify the Brain Chemistry behind Bullying Behaviours and How Best to Intervene
- Use the Arts and Imagination to Build Empathy in Bystanders
- Effectively Use the Draw and Write Research Technique to Consult Pupils and Bring the Child's Voice to Policy-Making Decisions
- Utilise an Array of Children's Literature to Explore Anti-Bullying Themes
- Consider Planning Options to Launch A Successful Anti-Bullying Week plus Various Awareness-Raising Events



Throughout the course participants will focus on a combination of case presentation of children's drawings and written words about bullying; while active participation via pairs work, small group work and whole group discussion will be encouraged.

**This course is ideal for adults keen to help keep children safe from bullying behaviour or those with responsibility to ensure the best of Anti-Bullying Practice:**

School Senior Management, Teachers & Support Staff, TAMH's & Healthy Schools Staff, Sports Coaches, Psychologists, Counsellors, Early Years Practitioners, Governors, Residential Children's Homes and Youth Workers.

**For further information, to book a place or enquire about a course near you, please contact:**

**Anna-Michele Hantler**  
**077 8680 7999**  
**0191 580 1111**  
**info@anna-michele.com**  
**www.anna-michele.com**

**19th October - Durham**

Marriott Hotel  
Durham Royal County  
Old Elvet, Durham City, DH1 3JN

**Cost** £95

Includes Lunch, refreshments  
& training materials.

Anna-Michele Hantler holds a wealth of qualifications and accreditations including; - Qualified Teacher, Arts Psychotherapist, Accredited Trainer for Jenny Mosley's Quality Circle Time, Implementing and Researching Massage in Schools Programme, Protective Behaviours, Educational PSHE Consultant and LA Anti-Bullying Officer. **In house training available on request.**