



Anna-Michele Hantler

Emotional Education Through The Arts



Introducing Your Massage In Schools Trainer...

Anna-Michele is an enthusiastic advocate of the **Massage in Schools Programme (MISP)**, having worked in and around schools, childcare settings and family services for most of her 30 year career. She has extensive experience in teaching and educational advisory services, child protection and arts therapies for groups and individuals.

Anna-Michele is convinced MISP is one of the best approaches to fostering emotional literacy that she has come across!

In 1994, she established an international consultancy service to promote '**Emotional Education through the Arts**'. Aiming to support children, young people, and their carers to creatively and safely manage 'everyday feelings', the MISP was a natural extension of this.

As an Anti Bullying Officer for a local authority in the UK, Anna-Michele successfully introduced MISP in 2007 as a preventative approach to bullying, in primary schools and parent groups. By utilizing her original '**Draw and Write**' research, the project showed significant reductions in classroom disruption and playground fallouts, whilst improving calm, connection and concentration amongst pupils, and family members.

Teachers, parents and pupils have wholeheartedly adopted MISP as an integral part of the school day despite pressure on time, quite simply, because it works, and they love it!

In 2009, Anna-Michele was commissioned by Gateshead Education UK to evaluate MISP as part of a 'Targeting Mental Health in Schools' project across 10 primary and secondary schools. Utilizing her skills with the Draw and Write approach, she is in collaboration with York St. John University to analyze the impact of MISP delivery. She also participated in the International Associations of Infant Massage instructor training whilst in New Zealand recently.



Anna-Michele is a qualified **Early Years Teacher** from New Zealand, **Integrative Arts Psychotherapist** and registered in the UK as a Therapeutic Child Counselor, Accredited **Quality Circle Time trainer** and is a regular presenter at the **Centre for Child Mental Health**, London. Her trainings are renowned for being fun and practical on one hand, informative and inspirational on the other. She has recently published her first book, '**How to Nurture and Enhance Children's Emotional Development**' and also offers training around this.

As Education Coordinator, on the MISA committee since 2008, she is also completing her MISP studies with Edgehill University and continues to research and deliver the Massage in School's programme internationally including the UK, New Zealand and Dubai. Having worked in London for over 9 years, she is also familiar with the diversity, challenges and potentiality of inner city life for schools and child care settings.

References' and testimonials are available on request.

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